

Family Development Associate (FDA) Credential

SAMPLE “Enough → Too Much”

Using this form, explain the appropriate steps or actions for working with a family dealing with each of the areas listed on the left of the table. Please use the “Enough” column to document your steps or actions. In the remaining columns, explain what doing “Too Much” would be, as well as the effects and consequences for the family and the worker.

Areas	Enough	Too Much	Effects and Consequences for Family	Effects and Consequences for Worker
Homelessness	<ul style="list-style-type: none"> *Make appropriate referrals. *Assist in completing applications...Section 8, HUD etc. *Transport family to appointments if needed. 	<ul style="list-style-type: none"> *Letting the family move in with you. *Deciding what would be best for the family without their input. *Completing the applications without the family’s help. *Spending your Saturday helping the family pack. 	<ul style="list-style-type: none"> *Family is not empowered. *Family does not learn new skills or how to be successful in the future. * Family may not ‘like’ the option that you have selected for them. 	<ul style="list-style-type: none"> *Exhaustion. * Feeling as though you are responsible for the family’s success and if they fail, you fail. * Burnout. *When you do ‘too much’ for one family, the other families that you work with are not being served.
Substance Abuse				
Family Violence				
Other				